

Female Security Awareness Training (FSAT)

Guardian-srm is pleased to announce our new security course designed for female travellers. Female Security Awareness Training (FSAT) will prepare the participants for travelling and working in medium- and, to some extent, high-risk areas, with focus on the threats related to being a female traveller, whether travelling alone or in a group.

The course will be delivered by two experienced female instructors and consists of a blend of theory and practical exercises. The training will also include a high degree of participant involvement, as the experiences of other female travellers can be of great value to others.

The goal of the course is to equip the participants with a number of applicable tools, which will help mitigate threats as well as deal with critical situations. Upon completion of the course, the participants will receive a diploma for their participation.

TOPICS COVERED

- Risk perception
- Travel security
- Residential security
- Stress management
- Communication incl. de-escalating communication
- Culture and gender awareness
- Hostage survival
- Post-travelling



PRACTICAL INFORMATION

- Duration: 8 hours
- Course fee: DKK 3500 (ex. VAT) including lunch
- Location: Central Copenhagen
- Can be delivered as a closed course
- For further questions and registration please contact us at training@guardian-srm.com or +45 41 100 300